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Aurora Sinai Medical Center, Inc.  
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Milwaukee, WI 53233

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## 8th Preventive Cardiology Conference

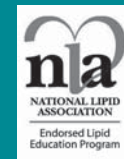
# Prediabetes, Diabetes and Coronary Artery

Saturday, February 19, 2011  
InterContinental Milwaukee Hotel  
Milwaukee, Wisconsin

*Course Director*  
*V.S. Murthy, MBBS, MD, PhD*

This activity is sponsored  
by Aurora Health Care.  
Commercial support is  
currently being sought.

  
**Aurora  
Health Care**<sup>®</sup>



### Need

The vision and accomplishments of the “Healthy People” initiative of the Department of Health and Human Services, launched in 1979, are praiseworthy. While we have met some and surpassed several of the 2010 objectives, we enter the new decade with some marked failures. One third of U.S. adults, 20 years of age or older, are now obese, leading to a trend of increased risk of diabetes, coronary artery disease and mortality.

During the next decade, we must devote significant efforts in preventing the escalation of the risk of diabetes and coronary artery disease. Health care providers have to learn to assess the dysmetabolic status in overweight and obese subjects, recognize microvascular and macrovascular disease risks in prediabetic subjects, and participate in the prevention of prediabetes and diabetes in the community. Learning about prediabetes, diabetes and its consequences becomes the subject of primary importance for every health care provider.

### Target audience

This preventive cardiology activity is designed for family practitioners, internists, cardiologists, pharmacists, nurse practitioners, nurses, registered dietitians, dietetic technicians and other interested health care providers who care for patients.

### Elements of competence

This activity has been designed to change medical knowledge and patient care, two of the six competencies embraced by the American Board of Medical Specialties.

This activity has been designated as a knowledge-based Continuing Pharmacy Education program.

### Objectives

Upon completion of this activity, participants should be able to:

- Describe the pathophysiology of type 2 diabetes with emphasis on prediabetes and its recognition as a condition where one can potentially slow or reverse the development of diabetes and its sequels.
- Explain the relationship of metabolic syndrome, diabetic dyslipidemia, prehypertension, hypertension and coronary artery disease.
- Review the skills necessary to motivate the patient with obesity, metabolic syndrome and diabetes to understand and follow healthy lifestyle measures.
- Recognize the role of the health care community in making healthy dietary choices for our patients.
- Identify the proper use of new pharmacological agents in the management of diabetes to improve patient outcomes.

### Accreditation



The National Lipid Association is recognized to endorse the credit hours offered by this activity as “lipid-focused” continuing medical education that meets the credentialing and certification standards established by the American Board of Clinical Lipidology ([www.lipidboard.org](http://www.lipidboard.org)) and the Accreditation Council for Clinical Lipidology ([www.lipidspecialist.org](http://www.lipidspecialist.org)). Program ID 2011019

Aurora Health Care is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.

Aurora Health Care designates this educational activity for a maximum of **6.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

For a complete listing of all Aurora Health Care CME programs, go to [www.Aurora.org/CMEActivities](http://www.Aurora.org/CMEActivities).

### Continuing Pharmacy Education Accreditation statement



Global Education Group is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

### Credit designation

Global Education Group designates this continuing education activity for **6.5 contact hour(s)** (0.65 CEUs) of the Accreditation Council for Pharmacy Education (Universal Program Number 0530-9999-11-137-L01-P). This is a knowledge-based activity.

### Nursing contact hours

Aurora Health Care is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

### 6.5 contact hours

The program has been approved through the Wisconsin Dietetic Association/Commission on Dietetic Registration for 7 CPEUs for registered dietitians and dietetic technicians, registered.

**Aurora Health Care subscribes to the articles of Title III of the Americans with Disabilities Act of 1990. Should you or anyone accompanying you require special assistance, please notify us at 414-219-7364.**

### Disclosure

It is the policy of the Aurora Health Care Office of Continuing Education to ensure balance, independence, objectivity and scientific rigor in all of its sponsored education activities. All participating faculty, course directors and planning committee members and their spouse/life partners are required to disclose to the program audience any financial relationships related to the subject matter of this program. Disclosure information is reviewed in advance in order to manage and resolve any possible conflicts of interest. Specific disclosure information for each course faculty will be shared with the audience prior to the faculty’s presentation.

## Program

7:10	Registration, Exhibits, Continental Breakfast
8:00	Prediabetes and Diabetes: Pathophysiology <i>V. S. Murthy, MBBS, MD, PhD</i>
8:50	Diabetes and Coronary Artery Disease <i>M. Fuad Jan, MD</i>
9:30	Q & A Session
9:40	Break and Exhibits
10:00	Metabolic Syndrome <i>Peter Toth, MD, PhD</i>
10:40	Diabetic Dyslipidemia <i>Allan Sniderman, MD</i>
11:20	Prehypertension and Hypertension: A Prediabetic State <i>V. S. Murthy, MBBS, MD, PhD</i>
12:00	Q & A Session
12:20	Lunch
1:20	Motivational Interview and Lifestyle Modification <i>Neil Stone, MD</i>
2:00	Nutritional Guidance Dysmetabolic State <i>Penny Kris-Etherton, PhD</i>
2:40	Q & A Session
2:50	Break and Exhibits
3:00	Summary and New Developments in Pharmacotherapy <i>Elaine Drobney, MD and V. S. Murthy, MBBS, MD, PhD</i>
3:50	Q & A Session
4:00	Conclusion

## Course director

**V. Shrinivas Murthy, MBBS, MD, PhD**  
Clinical Professor of Medicine, University of Wisconsin School of Medicine and Public Health, Milwaukee Clinical Campus; Director, Preventive Cardiology, Aurora Cardiovascular Services, Aurora Medical Group, Milwaukee, WI

## Faculty

The speakers are chosen for their mastery of the subject and their excellence as educators.

**Elaine C. Drobny, MD**  
Endocrinologist, Madison Medical Affiliates, Milwaukee, WI

**M. Fuad Jan, MD**  
Cardiovascular Fellow, Aurora Health Care, Milwaukee, WI

**Penny Kris-Etherton, PhD**  
Distinguished Professor, Department of Nutritional Sciences, Penn State University, University Park, PA

**Allan Sniderman, MD**  
Professor of Cardiology, Cardiovascular Research Laboratories, Mike Rosenbloom Laboratory for Cardiovascular Research, McGill University Health Centre, Royal Victoria Hospital, Montreal, Canada

**Neil J. Stone, MD**  
Professor of Clinical Medicine, Northwestern University Medical School; Member, Adult Treatment Panel I and III, National Cholesterol Education Program Former Chair, American Heart Association, Nutrition Committee, Chicago, IL

**Peter P. Toth, MD, PhD**  
Director of Preventive Cardiology, Sterling Rock Falls Clinic, Ltd.; Clinical Associate Professor, Southern Illinois University School of Medicine, Springfield, IL

## Planning committee

V. Shrinivas Murthy, MBBS, MD, PhD  
Kathi Axtell, RN  
Amanda Glazer, PhD  
Laurel Landis, *Event Coordinator*  
Darla Kazikowski, *Assistant*

*Speakers subject to change without notice.*

## General information

Saturday, February 19, 2011

## Conference location

InterContinental Milwaukee Hotel  
139 E. Kilbourn Avenue  
Milwaukee, WI 53202  
T 414-276-8686 • F 414-276-8007

## Conference fee

<b>Physicians/Industry</b>	<b>\$175</b>
<b>All other</b>	<b>\$120</b>
<b>Residents/Fellows</b>	<b>\$50</b>
<b>Aurora Physicians</b>	<b>\$85</b>
<b>Aurora Nurses/Techs/other</b>	<b>\$70</b>

The conference fee covers the cost of tuition, materials, breaks and lunch. The conference fee contains a non-refundable registration fee of \$25. If registration is cancelled up to 72 hours prior to the symposium, all but \$25 of the conference fee will be refunded. No refunds will be made after that time.

## Room reservations

A block of rooms has been reserved at the InterContinental Milwaukee Hotel, telephone 414-276-8686. The room rates are \$139 single/double (plus 14.6% state/city taxes). Please mention that you are attending the *Preventive Cardiology Conference* in order to receive this discounted rate. All rooms will be released to the general public on January 21, 2011. Guest services include on-site parking for hotel guests (\$20 per night). Covered walkways to nearby theaters and office buildings are also available.

## Conference attire

To ensure your comfort in the conference room, please bring a sweater or jacket to accommodate temperature variations.

## Driving directions

**From all directions (I-94 E/W and I-43 N/S)**  
Exit McKinley Avenue. Go east on McKinley to Water Street. Turn right onto Water Street. Go south on Water Street to Kilbourn Avenue. Entrances located on both Kilbourn and Water. Hotel is on the corner of Kilbourn and Water.

## Registration

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## All methods of payment use online registration:

1. Log onto [www.Aurora.org/CMEActivities](http://www.Aurora.org/CMEActivities)
2. Click *Live Course*
3. Scroll to 2/19/11 – 8th Preventive Cardiology Conference
4. Select *Register*
5. Log-in (*New users must enter your Profile Information*)
6. Complete information

## If paying by personal or employer check:

1. Register online (*see above*)
2. Make check payable to: *Aurora Health Care*
3. Mail check and check payment form  
(you will receive form via e-mail when you register online):  
Aurora Health Care  
Professional Development Office  
11217 W. Forest Home Avenue, Unit 1E  
Franklin, WI 53132

## Aurora Health Care caregivers (cost transfer):

1. Register online
2. Select *Transfer from my Aurora account* (obtain account number from manager)
3. Cost transfer will occur after the conference

## Confirmation/Cancellation/No Internet access

Online registration will receive immediate confirmation via their entered e-mail address. If you do not receive the e-mail confirmation or need assistance registering for the conference, please call the Continuing Professional Office at 414-448-1109.

If you have questions regarding the conference (other than registration) please leave a message on our ACS Conference Information Line at 414-219-7689 (all calls responded to within the business day), or contact Laurel Landis at 414-219-7684.